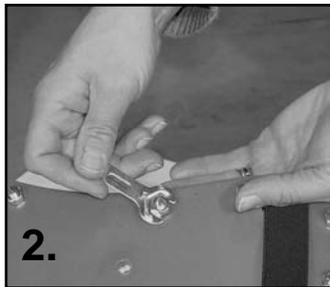


### *Insert the spikes*

1) Insert 11 spikes on each sandal.



2) Secure spikes tightly using nut and wrench provided.



### *Fit to your shoe*

3) Place foot on sandal with heel strap behind ankle and back and front outside of shoe.



4) Insert ankle strap through slot and wrap around front of ankle for a secure fit.



5) Insert toe strap through slot and wrap around top of foot for a secure fit.